



Asquith Mixed Probus Club BULLETIN

President's Corner.

A big THANK YOU to everyone for your co-operation last Meeting in the re-arrangement of our agenda, to fit in with the Biggest Morning Tea to help the Cancer Council of Australia, arranged by the Magpies Club. It was certainly the best Morning Tea I have seen since I joined our Club. Magpies were very happy with the result, with over 100 people who attended. \$1201 was raised, which the Magpies matched, so \$2402 went to the Cancer Council.

It is pleasing to see a number of new members joining our Club, who are very enthusiastic about participating in our activities. There are still a number of vacancies, so if you know of anyone who might be interested, invite them to come and visit, especially if they are young. In order to keep the Club functioning into the future, we need to have a steady recruitment of younger members.

We are gradually getting on top of the challenges of being in new premises. With increasing numbers in attendance since Lockdown ended, we are needing extra chairs being put out, and this will be attended to. A query was raised about Gluten-free fare for morning tea and we approached Magpies, but they do not provide that, so the Committee is arranging to make some available.

The Committee has found the use of email to be a very useful and inexpensive way of communicating with our members, with Agendas, Bulletin and special notices. However, we are aware of at least 18 of our members for whom this does not work. We are able to get printed copies of the Bulletin to hand out at the Meeting, but this does not give prior notice. Sending material by post is not only expensive (\$1.10 minimum), but also is uncertain in its timing. A possible solution (at least in part) is to have a "Buddy" system, where a member who does not have email access, connects with another "Buddy who does, and who agrees to share information when it comes through. If you have trouble setting this up, please talk to a Committee member.

As the Constitution says, our role is "to provide opportunities for fun, friendship and fellowship."

John Davies

<p>Meeting Dates</p> <p>General Meeting.</p> <p>Thursday 7 July 2022 at Magpies, 10am for 10.30am start.</p> <p>Thursday 4 August 2022, at Magpies, 10am for 10.30am start.</p> <p>Website: https://www.asquithmixedprobus.org.au Email: info@asquithmixedprobus.org.au webmaster@asquithmixedprobus.org.au</p>	<p>Bulletin: Editor: Sylvia Gratton</p> <p>Asquith Mixed Probus Club Inc.</p> <p>The Secretary AMPC, 9 Warruga Crescent, Berowra Heights 2082 Formed by the Rotary Club of Berowra on 2 October 2008. Club No: 9003799 District: 9685 PD3 Inc. No.: 9890687 Bendigo Bank details for deposits. BSB No: 633-000 Account No.: 139 637 029</p>	<p>PRIVACY: In accordance with the Privacy Act 1988 and recommendation from Probus South Pacific, this newsletter is private and confidential for members of Asquith</p> <p>Mixed Probus Club use only and is not to be used for any other purpose.</p>
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COMMITTEE NOTES - JUNE2022

1. **Theatre Parties** - We are still looking for a member to be our Co-ordinator. The Committee suggest we look for productions at local theatres, Glen Street, venues in Chatswood even the Laycock Theatre on the Coast. Group bookings may be easier to book if we don't have to use Ticketek.

2. **Thursday 13th October will be our Probus Birthday Picnic** held at the Wildflower Gardens, St Ives. This will be catered for. More to come on this event. There will be carpooling for those who don't wish to drive.

3. **Jindabyne** tour is filling up - 13-18th November. Put your name down if you are interested and pay your deposit.

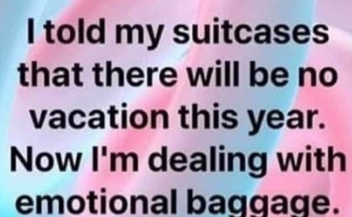
An 8day tour of **Eyre Peninsular in SA** is booked for 20th July 2023. Many members have already paid their deposit.

4. We are looking to have an Observer at our Committee Meetings so you can see what we get up to! Please see a Committee Member if you would like to take part one Thursday.

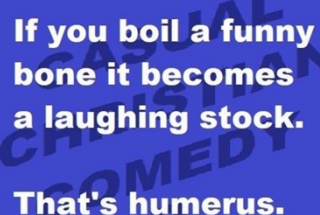
5. We are finding that members who don't have an email do not see an Agenda and may be a bit behind the news, so it has been suggested you get yourself a "buddy" who may give you a call and let you know what's happening and remind you to register your attendance for the general meeting. This way we can make sure we have enough chairs set up, as we have to call Magpies with the numbers attending, and we don't hear from a lot of members who don't have an email.

6. Could members please contact Pam by the Tuesday before the next meeting to register, as we need to let the Club know how many will be in attendance?

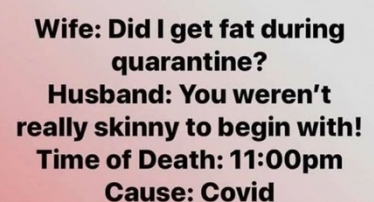
Pam



I told my suitcases
that there will be no
vacation this year.
Now I'm dealing with
emotional baggage.



If you boil a funny
bone it becomes
a laughing stock.
That's humorus.



Wife: Did I get fat during
quarantine?
Husband: You weren't
really skinny to begin with!
Time of Death: 11:00pm
Cause: Covid

Treasurer's Report as at 6 June 2022

Income received for year to date	\$8,751
Offset by expenses of	<u>\$4,511</u>
Year to date surplus balance	\$4,240
Add previous year's surpluses of	<u>\$11,290</u>
Gives an overall member surplus of	<u><u>\$15,530</u></u>
... This surplus consists of cash of	\$26,727
less liabilities - mainly activities paid in advance	<u>\$11,197</u>
Total member equity	<u><u>\$15,530</u></u>

Angus Dougall. 7 June 2022



Payment of Monies

The procedure for payment for now is as follows:

All cash or cheques should be placed in an envelope with your name, activity and cost of event written on the outside.

Envelopes will be retained by Treasurer as a receipt, and bank statements will confirm payments by EFT.

Please pay **EFT's** prior to monthly meetings including your name and outing abbreviation. Print and retain a copy of the bank receipt.

Monies paid by Electronic Funds Transfer (EFT) should be made to:

Account Name: Asquith Mixed Probus Club
BSB: 633-000
Account: 139 637 029

Please advise the outings organiser if you are unable to attend an outing and advise Treasurer if refund or transfer to a different activity is required.

SPEAKERS

Our **JULY** speaker is Rafael Joudry.

Rafael helps people with auditory problems and pioneered the first portable Sound Therapy program in Australia. Rafael has toured Australia, Europe and the USA to educate about the impact of sound upon our health. She has authored dozens of articles plus three bestselling books.

The **AUGUST** speaker is Eric Hiam founder of the Balance Group which specialises in Retirement and aged care planning, financial and property management. He will discuss downsizing, retirement living, aged care and the alternatives including financial considerations. Jim

DOLLS When? the Wednesday following our monthly 'member meeting' at 10:15 for a 10:30 start. Please join us for tea, coffee, cake and a chat. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit. Contact Barbara Williamson

MAH-JONG The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. Contact Pam Clarke for more information.

CARDS 500 cards held 1st and 3rd Wednesday of the month at 10am in the Pavilion at Magpies. New players welcome. Contact Mary

MEN'S GROUP Meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. Contact Robert Allison.

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 th Thursday BBQ	Lance Williamson
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Theatres	
Dining out	Judy Thompson	Walks	Laurie Keaton
Cards 500	Mary Glasby	Assistant Walks.	Dianne Watson
		Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Helen Nancarrow	Assist. Tours/Excurs.	Lula Andersen

AMPC COMMITTEE MEMBERS 2021-22

AMPC Committee Members		Phone	Email
President	John Davies		
Vice-President Elect	Sandra Death		
Vice-President	Jim Jeffries		
Secretary	Pam Slater		
Treasurer	Angus Dougall		
	Committee		
Bulletin	Sylvia Gratton		
Hospitality	Judy Thompson		
Membership	Barry Willick		
Programme	Jim Jeffries		
Tours/Excursions	Mal & Suellen Steel		
Welfare	Vicki McPherson		
Assistant Secretary	Sandra Death		
Assistant Treasurer			
Historian/Public Officer	Sandra Death		
Past President	John Channon		

WELFARE REPORT JULY 2022

Sadly, as many of you already know, foundation member Barry Anstiss passed away on June the 4th.

Barry and Kay lived at Hornsby Heights before moving to Woy Woy a couple of years ago.



I attended Barry's funeral on the 15th of June and as funerals go it was a very nice ceremony. We heard about Barry's love of footy and bowls and of his liking for Australian country music and poetry. Someone (who shall remain nameless) remarked it was a shame she didn't know this as she would have taken him to line dancing.

Barry is survived by his wife Kay, 4 children, 3 grandchildren and a brother and a sister.

Vale Barry.

There have been a couple of hospitalisations this last month and our best wishes go to these people, we hope you're on the mend.

If you have a birthday in July look out for the chocolates on the book table at the July meeting.

Best wishes

Vicki

DINING OUT & HOSPITALITY

We are celebrating **BASTILLE DAY** on Thursday 14 July at the beautiful function centre of ALLEGRO 1 Porters Road Kenthurst.

We will enjoy a delicious French regional menu lunch at 12 noon.

Phone Judy on with queries or the need of transport.

FRANKIE'S RESTAURANT at FLOWER POWER at 277 Mona Vale Road, TERRY HILLS.

Tuesday, 9th August 12.30pm.

Please sign up for lunch but you will pay for your meal at the restaurant.

Our **BIRTHDAY CELEBRATION** will be held on 20 OCTOBER at the WILDFLOWER GARDEN Caley's Pavilion 420 Mona Vale Road, St Ives. 12 noon

Only \$15.00 pp and BYO drinks.

Please sign up, pay EFT and indicate if you require transport.

FIRST AID COURSE on 16 July at St. Johns Anglican Church Hall, 6 Royston Parade, Asquith 9am-12noon. You must have completed the online section beforehand.

Judy

NUTCOTE OUTING

It was on a glorious sunny day that 31 members travelled by train, ferry & bus to Nutcote house at Neutral Bay. The beautifully restored house of May Gibbs is set in pretty gardens that lead steeply to the harbours edge. We all enjoyed a delicious Devonshire tea and an informative guided tour of the house's interior. People's exploration was punctuated by the happy sounds of nostalgic memories. May Gibb's clever artwork was on display throughout the house. A wonderful day out.



Tours & Excursions

latest information and changes

JEWISH MUSEUM

21st July

\$20 pp

REGISTRATIONS CLOSED please pay **by the July meeting.**

1.30-3.30pm Guided Museum tour and holocaust survivor talk

- **10.26am** train from **Berowra**, 10.36am Asquith, **10.40am Hornsby** – 2nd or 3rd carriage
- **arriving Kings Cross Station** via Town Hall Station @**11.36am**
- **Lunch at own cost** @ 169 Darlinghurst, 5 min walk from station (table booked 11.45am)
- 10min, 400m stroll to Museum

NB. There is no lift in the museum. Access to 1st floor only via stairs.

- 389 Bus to Town Hall and train home

The committee is excited!!



AUBURN BOTANICAL GARDENS & JAPANESE CHERRY

BLOSSOM on 18th August is very much open to new registrations. We can easily accommodate many more people.

- Coffee at a lovely Baklava Café at your own cost
- Private Bus to the traditional Japanese Gardens in Auburn Botanical Gardens where the photogenic Cherry Blossoms will be in flower. Plenty of time to wander through these picturesque gardens on gentle paths.
- We will be attending 2 days before the Annual Cherry Blossom Festival begins, so we will be able to avoid the crowds that flock to this event.
- Lunch afterwards in Auburn at your own cost. We have selected 2 restaurants for lunch: to suit the more adventurous or the traditional. Alternatively, you can choose independently from many exciting cuisines available. Menus available at the next meeting.
- Lots of interesting things to see in Auburn and so different to Hornsby!!

Please note the new payment due date: \$15 pp payment by July meeting

- Travel is by the 8.54am train from Berowra leaving Hornsby Station at 9.04am to Auburn Station via Strathfield Station, then private bus.

NAVAL HISTORY CRUISE OF SYDNEY HARBOUR FRIDAY 30th September

REGISTRATIONS CLOSED

3-hour Cruise with Navy Historical Society.

\$65 p.p. \$20 deposit required on registration. (Max of 24 people)

Balance due by August meeting

- Check in time 9:30am at King St Wharf for 10 am departure, returning at 1pm.
- Train from Hornsby (details TBA)
- 500m Walk from Wynyard Station to Kings St Wharf
- Covering HMAS Waterhen, Cockatoo Island, Spectacle Island and Snapper Island from 1788 to the present.
- Commentary on the cruise is supported by a complimentary booklet of photos. Complimentary Morning Tea & snacks included.
- DIY Lunch could be at the many eateries at King St wharf after the cruise

JINDABYNE Trip away

13-18 November 2022



\$875pp No single supplement **\$100pp deposit** is overdue

Balance due by the October meeting

Coach pickup from Hornsby Station, returning to Hornsby Station

It's getting closer & we are pleased to have 38 members signed up. Still room for more.

We are staying at the Lake Jindabyne Hotel, scenically located on the shores of the Lake.

Daily excursions with knowledgeable local guides. All meals included whilst in Jindabyne.

We will visit many scenic attractions of the Snowy mountains including Thredbo village and chair lift, Eucumbene dam, Charlotte's Pass, explore the Snowy Hydro scheme, visit Berridale village and much more.

For full itinerary come and see us at the trip desk.

8 DAY EYRE PENINSULA TOUR

20 -27 July 2023



\$3095 pp. Single supplement \$740

\$295 pp deposit to secure your spot.

4 places remaining

A Great Coastal Journey to Port Lincoln, Ceduna and the Head of Bight during Whale Season.

A small group tour of no more than 20 people with Australian Iconic Tours showcasing natural wonders, local produce, history and the fabulous hospitality of the Eyre Peninsula.

For full itinerary come and see us at the trip desk.

Prices are from Adelaide and don't include airfare or accommodation to/from Sydney

Please sign up soon as we are being asked by family & friends of members to go on this trip.

WALK REPORT

Thursday July 28 Hills District Walks

Where:	Wetlands Wildlife Walk - Woodlands Walks
What:	<p><u>Long Walk:</u> Wetlands Wildlife Walk (Bella Vista to Norwest Metro) <u>PLUS Optional</u> easy 4 km Woodlands Walk (Kellyville to Rouse Hill Stations). Lead Kevin Watson</p> <p><u>Short Walk:</u> easy 4 km Woodlands Walk (Kellyville to Rouse Hill Stations). Lead Diane Watson</p>
Travel:	<p>Berowra 9.42 CCN Train Hornsby 9.52. Plat 3 Car 2 & 3</p> <p>Arr Epping 10.05 Change to 10.16 Metro To Bella Vista or Kellyville</p>
Morning tea:	TBA
Lunch:	<p>Lusso Italian Restaurant opp. Rouse Hill Station. (L Pizzas from \$18 or Mains from \$25. Wines reasonably priced).</p> <p><u>www.lussoitalian.com.au</u> There are many other local eateries available.</p>

Thursday August 25 Sydney Sea Coast Walk – 4 beaches.

Where:	Bondi to Coogee
What:	The Complete walk from Bondi Beach Pavilion. (Testing) OR the much easier walk from Waverley Cemetery to the Pavilion Coogee.
Travel:	<p>CCN train 0854 Berowra. 0904 Hornsby (Plat3) Cars 2/3. Change at Redfern or Central. Walk 1 Bus 333 or 380 Stand A to Bondi</p> <p>Walk 2 379 Bus to Bronte Stand K.</p>
Lunch:	The Pavilion Coogee. Check prices on registration.

Vale David Lees (1949-2022)

Club Past President and Regular walker Nick Speyer wrote: "We will miss David Lees at our walks and at Probus meetings. A good group of Probus members gathered with his family to say farewell to him at his funeral on 3 June. At the service family members and friends painted a wonderful picture of him as a loving family man who led an active life with a love for skiing and travel, a person with a good sense of humour. David was a regular member of the Probus walking group and other Club activities. He and Sandra had just completed a long process of building a new home next to their daughter's place. Our thoughts and prayers are with Sandra and their family at this time of sadness and loss."

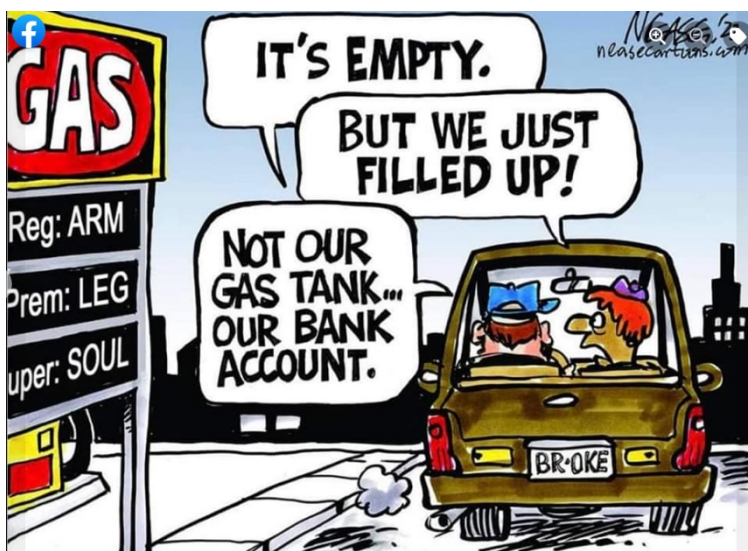


Our regular long walk leader, Kevin Watson and I knew David as one of our more adventurous participants. We knew him as a very pleasant and personable member of our group. Like so many members who attended his funeral, we were impressed by the diversity in his very active life.

The Theme of the Service was **"The Dash"** between the dates on our tombstones & especially **"what mattered most of all was the dash between those years",**

We look forward to welcoming Sandra back to our activities following David's several months of illness. Hopefully we can reflect on David's friendship on a future walk.

July 2021 David shows his love of a challenge in tackling the Lyrebird Track under Kevin's lead.



OVERALL WINNERS OF THE CAR FUN RUN.

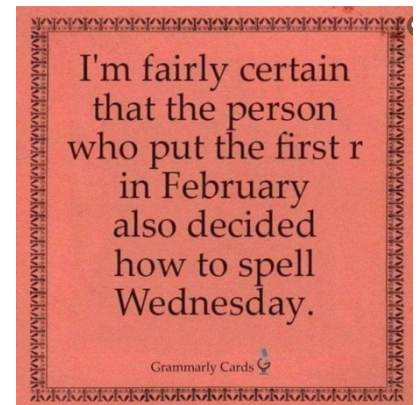
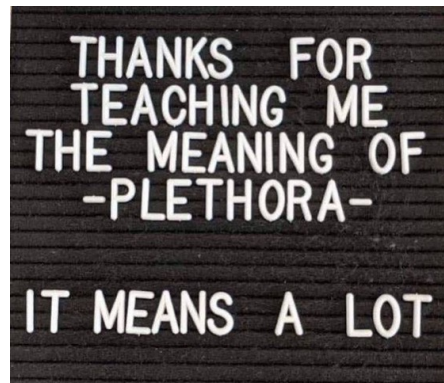


George & Julie Gates, Suellen & Mal Steele

OBE CONGRATULATIONS TO BILL DAVIES



Pre internet chat room using
An old version of windows...



UPCOMING EVENTS

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4	
1 st & 3 rd Wed. 10am	500 Cards Magpies	Mary Glasby	4	
3 rd Weds of Month	Men's Group Magpies	Robert Allison	4	
7 th July	General Meeting	John Davies		
13 th July	Dolls	Barbara Williamson	4	
13 th July	Committee Meeting	John Davies		
14 th July	Allegro Bastille Day	Judy Thompson	5	
21 st July	Jewish Museum	Mal Steel	6	
28 th July	Hills District Walks	Laurie Keaton/Kevin	9	
4 th August	General Meeting	John Davies		
9 th August	Frankie's Restaurant	Judy Thompson	5	
10 th August	Dolls	Barbara Williamson	4	
11 th August	Committee Meeting	John Davies		
18 th August	Auburn Botanical Gardens	Mal Steel	7	
25 August	Sydney Sea Coast Walk	Laurie Keaton	9	
20 th October	Birthday Celebration	Judy Thompson	5	
13-18 th November	Jindabyne Tour	Mal Steel	7	